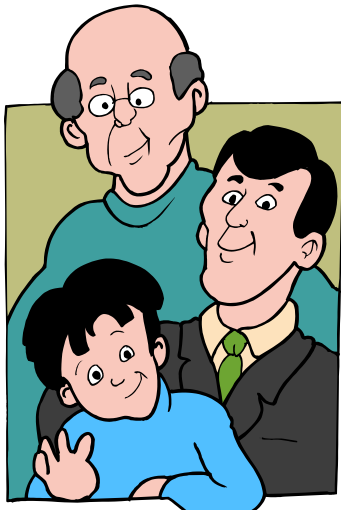


June Senior Center Gazette 2006



Father's Day Fun!

Friday, June 16, Noon
Father's Day Celebration

Rib Eye Roast
with Sauce Bordelaise
Baked Potato & Salad

\$5 Senior Center Members
\$7 non-members

June Birthday Party

Friday, June 9, 1:30 p.m.
Entertainment by
Edna Gamba and
The Fremontaires

Come and enjoy our fabulous band, Edna Gamba and The Fremontaire, even if June is not your birthday month. Cake, ice cream, and coffee will be served in the dining room after the show. Prizes will be awarded in a drawing from the names of seniors present that have birthdays in June.

Check Out Summer Senior Center Day Trips

June 7: Sutter Home Vineyards, R.L. Stevenson Museum, Compadres Rest. & St. Helena

July 12: Caldecott Tunnel Tour, Spenger's, & Berkeley's 4th St.

Aug. 2: The Gardens of Golden Gate Park with Craig Smith, Beach Chalet Lunch & Murals

COMMUNITY SERVICES

FREMONT HUMAN SERVICES DEPARTMENT.....	574-2050
Coordination of services for homebound seniors.....	574-2041
Senior Center.....	790-6600
Senior Information & Referral.....	574-2041
Fremont Paratransit Program.....	574-2053
Multi-Purpose Senior Services Program (MSSP).....	574-2050
Senior Peer Counseling.....	574-2063
Caregiver Support Program.....	574-2035
LIFE ELDERCARE.....	574-2090
Meals on Wheels.....	574-2092
Friendly Visitor Program.....	574-2097
Travel Escort Program.....	574-2096
AFGHAN ELDERLY ASSOCIATION.....	574-2059
ALAMEDA COUNTY WEBSITE.....	www.alameda.networkofcare.org
ALZHEIMER ASSOCIATION HOTLINE.....	1-800-660-1993
ALZHEIMER'S SERVICES OF THE EAST BAY.....	888-1411
BACS ADULT DAY CARE CENTER.....	656-7742
COMMUNITY HEALTH RESOURCE LIBRARY.....	494-7030
EAST BAY PARATRANSIT.....	1-800-555-8085
HEALTH INSURANCE INFORMATION SERVICE.....	1-800-770-9447
HOMESERVICES REGISTRY.....	574-2095
HOUSING ASSISTANCE (OFFICE OF NEIGHBORHOODS).....	494-4500
After hours.....	494-4505
LEGAL ASSISTANCE FOR SENIORS.....	1-800-393-0363
MEDICARE.....	1-800-952-8627
MEDICARE & INSURANCE COUNSELING (HICAP).....	1-800-393-0363
TRI-CITY HEALTH CLINIC.....	713-6685
SENIOR LIBRARY SERVICES.....	745-1499 or 745-1491
SOCIAL SECURITY.....	1-800-SSA-1213
TRI-CITY ELDER COALITION.....	574-2064

Heritage Tours of Fremont

In honor of Fremont's
50th Birthday Celebration, the
Fremont Senior Center will offer
**Heritage Tours of the five towns
that made up
the City of Fremont with
Tour Guide, Al Minard**

Each tour is offered twice,
once on Monday and once on Friday
\$15 price includes a box lunch.

**Centerville & Mission San Jose/
Warm Springs**

Monday, June 5, 10-4 pm
Friday, Aug. 25, 10-4 pm

Niles & Irvington
Friday, July 28, 10-4 pm
Monday, Oct. 2, 10-4 pm

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**The Fremont Senior Center
will be closed on
Tuesday, July 4th
Independence Day
Happy 4th of July to All!**

June Speaker

Mark Loisel, D.D.S.

**"An Overview of
Implant Dentistry"**

Tuesday, June 6, 1 pm

"Had it with Dentures.... Dental
Implants Are the Next Best Thing
to Your Natural Teeth"

**Riley's 4th of July Barbecue on
Wednesday, July 5 at Noon**

Chicken, Ribs, Sausage
Corn, Beans, Potato Salad
\$5 Senior Center members
\$7 non-members
Buy your tickets early!

Special Craft Projects

Tuesday, June 13, 1 pm
Plant a Seed in a Pot for Dad
or a Special Friend

Wednesday, June 28, 1:00 pm
Making 4th of July Cards to
Send to Friends & US Troops
Project with On Lok SeniorHealth



The City of Fremont does not discriminate on the basis of disability. Reasonable auxiliary aids are provided upon request to persons with disabilities to afford equal opportunity to services, programs, and activities. Inquiries may be forwarded to the Director of the Human Services Department, P.O. Box 5006, Fremont, CA 94537, (510) 574-2051 or (510) 574-2040.